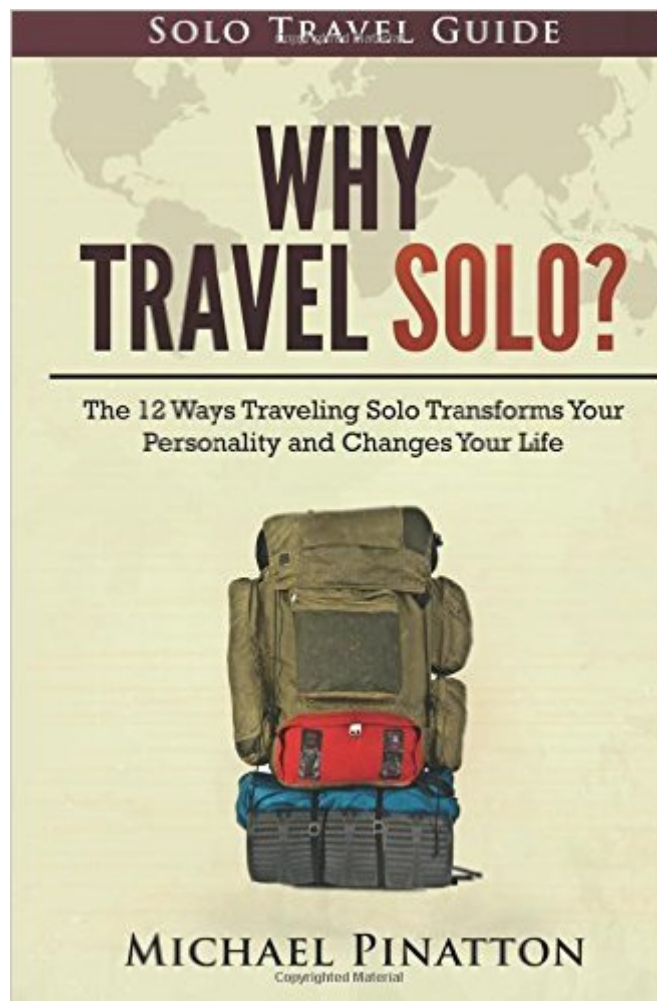


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# Why Travel Solo?: The 12 Ways Traveling Solo Transforms Your Personality And Changes Your Life (Solo Travel Guide) (Volume 1)



## Synopsis

**WHY TRAVEL SOLO?** The twelve ways traveling solo changes your personality and transforms your life. Do you want to have new experiences, meet new friends, gain confidence? Do it safely, comfortably, uniquely? Then this is the book for you. **UNLOCK YOUR HIDDEN POTENTIAL** Most of us return from our annual vacation tired, stressed, broke and vowing next year will be different. Well, the sad news is, it won't, unless YOU take control of your budget, your schedule and your itinerary. Let 21st-century nomad Michael Pinatton shows you how! In this comprehensive volume, Michael explains how mastering the art of solo travel not only frees you to have the unique and life-changing experiences you want and deserve but how doing so gives you something perhaps even more valuable...The skills to control your life. You will become more self-reliant, aware and confident, secure in your ability to handle yourself in any situation. These benefits will carry over to all areas of your life. **BY TRAVELING SOLO, YOU CAN** Make new friends Have unforgettable experiences Avoid conflict Stay on budget Stop waiting Start living Gain life skills Achieve personal transformation At only 28, Michael Pinatton has already spent over six years traveling the globe. He has lived in Canada, Colombia, the Philippines, Spain and Slovakia, journeyed through most of Europe and visited the USA, Indonesia, Malaysia, Thailand and Taiwan. And he's still going. Michael knows firsthand all the ins-and-outs of arranging and experiencing the journey of a lifetime and he tells you exactly how to achieve it, no matter what your age or income level. He also shares the insights of fellow solo travelers and the benefits they've reaped from going it alone. **STOP WAITING - START LIVING** Maybe you'd like to dive in crystal waters, walk on a black sand beach, ride horseback through the surf, play baccarat at midnight or pet a koala. Maybe your idea of a good time involves jogging at dawn or simply lying in a hammock listening to the palm fronds rustling. Maybe you'd like to dine in a five-star restaurant or perhaps you'd rather eat fish tacos on the beach instead. We all tell ourselves stories about why we can't have what we want in life...we're too young, too old, too tied down, too broke... But the fact is, learning to travel solo will free you from these self-limiting beliefs. You can see and do everything you want, the way you want, if you only have the courage to reach for it. The world is out there... waiting for you! Embrace your inner nomad and reap the rewards of increased confidence, happiness and self-reliance in every aspect of your life. Whether you want to escape for a weekend, a month or a lifetime, learning to travel solo puts your dreams within your grasp. Go for it. **ABOUT THE AUTHOR** 21st century nomad Michael Pinatton knows firsthand the fantastic benefits of solo travel. At this writing, in six years, Michael has lived in Canada, Colombia, the Philippines, Slovakia and Spain. He's also traveled most of the countries of Europe, the U.S.A., Indonesia, Malaysia, Thailand, Ecuador and Brazil. He looks forward to helping

others achieve their solo travel dreams.

## Book Information

Series: Solo Travel Guide

Paperback: 94 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (June 11, 2016)

Language: English

ISBN-10: 1515024032

ISBN-13: 978-1515024033

Product Dimensions: 5.2 x 0.2 x 8 inches

Shipping Weight: 5.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #913,203 in Books (See Top 100 in Books) #130 in [Books > Travel >](#)

[Specialty Travel > Solo Travel](#) #2209 in [Books > Travel > Reference > General](#) #218377 in [Books > Reference](#)

## Customer Reviews

If you're thinking about going travelling on your own, then "The 12 Ways Solo Travel Transforms Your Personality" makes for interesting reading. The author writes from personal experience and the twelve reasons he gives why travelling solo can be a fantastic experience are grounded in real-life. Solo travel is something I also enjoy, so I was interested to see how his experiences would compare with mine and, on the whole, I found that I agreed with him on most of the positive points he raises. What really resonated with me though was how group travel diverts your attention and gets in the way of fully engaging with the place and people you are visiting. I particularly enjoyed the interviews with other solo travellers and to hear about their experiences. I must say, though, the claim that solo travel completely transforms your personality and your life may be somewhat of a hyperbole, but it certainly does have a profound effect on how one experiences a country, its people and culture.

An easy read that presents a great argument about why you should travel solo. It addresses some of the problems you'll face as a solo traveler but Michael also gives the positive side as well. It makes the scary thought of solo traveling not-so-scary.

The more I read, the more I felt this book was made for me. It made me comfortable with my

choices in life, as a solo female travel. Every time I started a new chapter I told myself "this is so right!". Traveling alone from destinations to destinations put ourselves to meet people we wouldn't have met if we were traveling in another way. It allows us to do what we really want to do without any duty. It allows you to become more independent, open minded and also smile to life. In any case, Michael's book is full of advices and links if you want to start your path for solo travel. And it's worth it. I loved the traveler's stories at the end that showed me it is possible to travel solo !

An easy read that gives you the extra push to go off on your next adventure. I left solo to travel Asia and reading this book gave me the confidence to just go and do it. It goes straight to the point and even gives you practical pointers on how to travel well, tips to keep in mind and an overview on what to expect. Getting first hand info from his experience plus the interviews with seasoned solo travelers - i think this type of information is priceless. Nice one!

I loved reading this book. I felt like I was experiencing solo travel right along with the author. He reaffirms why I love solo travel and taught me a few things too. I recommend this book for travelers of all ages. If you are thinking about a solo adventure, this book will give you the push you need to get out there and enjoy your solo journey.

I really enjoyed reading this book. It makes you think that anyone has the ability to travel alone and should go for it. Even very shy people like myself! Very inspiring and definitely worth reading.

Pretty thin with scant information. More a pamphlet rather than a book.

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